



Kindness Advent Calendar



brought to you by Sant'Egidio

As we think there is more joy in giving than in receiving, this calendar is for anyone who would like to concretely join us in following a path of peace during the Advent season and beyond.

<p>Smile at a stranger 1</p> 	<p>Sign up to help on Christmas Eve* 2</p> 	<p>Hide a friendly note in a public place 3</p> 	<p>Send a nice text to a friend 4</p> 	<p>Share this Advent calendar with friends and family 5</p> 
<p>Pray for someone with whom you do not get along usually 6</p> 	<p>Share how to volunteer with Sant'Egidio 7</p> 	<p>Talk to a homeless friend with us at the Round of Friendship* 8</p> 	<p>Let someone go ahead of you in a queue 9</p> 	<p>Make someone laugh 10</p> 
<p>Put some change in a vending machine 11</p> 	<p>Write down five qualities you like about a friend 12</p> 	<p>Call an older person who lives alone or in a care home 13</p> 	<p>Make a craft or prepare food to give to a friend or neighbour 14</p> 	<p>Compliment someone 15</p> 
<p>Call a dear friend and listen to them 16</p> 	<p>Give a Christmas card to a neighbour 17</p> 	<p>Hold the door for someone 18</p> 	<p>Leave a happy note on someone's car 19</p> 	<p>Pray for a departed soul you love 20</p> 
<p>Do something nice for someone without them knowing 21</p> 	<p>Choose to forgive someone in your heart 22</p> 	<p>Help prep gifts and decorate for Christmas Eve dinners* 23</p> 	<p>Come to help at the Christmas Eve meals!* 24</p> 	<p>Call a lonely friend to wish them a Merry Christmas! 25</p> 

*Please email info@santegidio.org.uk if you would like to help out for the first time with Sant'Egidio

Thank you for sharing the joy of Christmas!